

**2019 SHENANDOAH DISTRICT FOOTBALL 1ST TEAM**

**1st Team All District Defense**

<b>Defensive End (2)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Traevon Winston	FDHS	58	12	6'3	250
David Brooks	RHS	62	11	5'10	190
<b>Defensive Linemen (3)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Cameron Sprouse	WMHS	67	11	5'10	240
Latrell Fomby	SDHS	16	11	5'11"	180
Jameson Shover	RHS	66	12	5'10	220
<b>Linebacker (4)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Seth Fitzgerald	BGHS	5	12	6'2	225
Kasey Branch	SDHS	17	12	6'2"	205
Collin Armstrong	RHS	57	11	5'11	235
Zac Smiley	RHS	8	11	6'0	190
<b>Defensive Backs (4)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Addison Knicely	FDHS	8	12	6	175
Blake Holden	BGHS	3	12	6'2	175
Will Dod	SHS	2	12	5'10	175
Cobey Rothgeb	WMHS	3	11	5'9	170
<b>Punt Returner (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Aaron Nice	SDHS	24	10	5'11"	185
<b>D All Purpose (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Will Dod	SHS	2	12	5'10	175
<b>Punter (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Freddie Watkins	SDHS	7	12	6'3"	205
<b>D Player of the Year (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Kasey Branch	SDHS	17	12	6'2	205

**1st Team All District Offense**

<b>Center (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Gage Maxfield	RHS	75	12	6'3	330
<b>Lineman (4)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Collin Armstrong	RHS	57	11	5'11	235
Spencer Hostetter	RHS	70	11	6'1	260
Jakai Johnson	BGHS	52	11	6'2	240
Will Jones	SDHS	53	11	6'5"	295
<b>Tight End (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Kasey Branch	SDHS	17	12	6'2"	205
<b>Wide Out (3)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Freddie Watkins	SDHS	7	12	6'3"	205
Jo-el Howard	SDHS	4	11	5'11"	165
Braeson Fulton	RHS	6	12	6'0	180
<b>Running Back (3)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Aaron Nice	SDHS	24	10	5'11"	185
Zac Smiley	RHS	8	11	6'0	190
Cobey Rothgeb	WMHS	3	11	5'9	170
<b>Quarterback (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Will Dod	SHS	2	12	5'10	175
<b>O All Purpose(1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Cobey Rothgeb	WMHS	3	11	5'9	170
<b>Place Kicker (1)</b>		<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Peyton Skillman	RHS	5	12	5'6	135
<b>Kick Returner (1)</b>					
Cobey Rothgeb	WMHS	3	11	5'9	170
<b>O Player of the Year (1)</b>	<b>School</b>	<b>#</b>	<b>Year</b>	<b>Ht</b>	<b>Wt</b>
Zac Smiley	RHS	8	11	6'0	190
<b>Coach of the Year</b>					
Robert Casto	RHS				